

**citizens
advice**

In need of Advice & Support We're here to help

**Citizens Advice
Epping Forest District
Your Free, Local,
Impartial, Confidential
Advice Charity.**

**Do you need help with:
Benefits, Debt, Energy,
Housing, Employment,
Family & Relationships.....**

**It's important to make sure
that you get all the help that
you are entitled to.**

Charity No. 1118465

**citizens
advice**

Visit our website for other ways to get in touch. citizensadviceefd.org.uk

How to get in touch

Call us

Advice line

0808 278 7855

Calls are free & confidential.

Tue 9.30am - 2.30pm

Wed 9.30am - 2.30pm

Thurs 9.30am - 2:30pm

Visit us in person:

Tues 9.30am – 12.30pm

Waltham Abbey

Leisure Centre

Ninefields estate

EN9 3EL

Thurs 10.00am – 1.30pm

Epping Civic Offices

High Street

CM16 4BZ

For additional advice support:

National advice line.

Freephone **0800 144 8848.**

Mon-Fri 9am to 5pm

Get help applying for

Universal Credit: 0800 144 8444

Mon – Fri 8am to 6pm

Get help with a **Consumer Issues**

0808 223 1133

Mon – Fri 9am to 5pm

Access to local support

We can refer you to:

The Trussell Trust

Epping Foodbank

Household Support Fund

Essential Living Fund

Integration Support

Energy Advice team

Debt Specialist

Mental Health Support

Other Local & National
agencies

**Provide information about
other local support
networks in the Epping
Forest District**

