



## Intent, Implementation and Impact of PSHE/RSE

### INTENT

At Upshire we are aware of the way that RHE supports many of the principles of safeguarding and links closely to schools Safeguarding, SMSC and British Values Policies. We are all aware of the important role the RHE curriculum has in supporting school to implement the 9 protected characteristics of The Equality Act 2010.

We aim to help the children to:

Have an understanding of their core values and how these impact the decisions they make;

Develop confidence and responsibilities and make the most of their abilities, through recognising their own worth;

Develop self-confidence and self-esteem;

Work collaboratively with others;

Prepare to play an active role as citizens in a diverse society;

Develop a healthy, safe lifestyle with the ability to make informed decisions;

To recognise the importance of their own mental health and well-being;

Develop good relationships and respect the differences between members of the school and the wider community;

Make a positive contribution to the life of the school

We deliver the RHE curriculum by utilising first-hand experience and sharing good practice. However, we are aware that the delivered curriculum must reflect the needs of our pupils. We believe that the purpose of RHE education is to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on ie: drug education, financial education, citizenship, personal safety, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle. We expect teachers to use a RHE programme (Espresso) to equip pupils with an age-appropriate, sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. Each phase builds on the vocabulary, knowledge and skills taught in the previous to allow children to acquire further knowledge, know more and remember more.

### IMPLEMENTATION

RHE plays a vital part of primary education and needs to be taught regularly and this enables staff to ensure full coverage of RHE is taught in their year group. Teaching and learning in the classroom should show progression across all Key Stages within the RHE core themes: health and wellbeing, relationships and living in the wider world. It also incorporates the RHE policy and SOW and identifies links to British Values, Cultural Capital, SMSC and key skills into the curriculum. There are always occasions where teachers may feel it necessary to teach RHE as a result of an issue arisen in their own class. RHE is integral

to the development of children's values in order for them to become a positive citizen in a forever changing community.

We strive to provide our children with learning opportunities across and beyond the curriculum, in specific lessons, circle time, special school projects and other activities that enrich pupils' experiences. RHE is an important part of school assemblies where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

## **IMPACT**

All children understand the importance of RHE, RE, SMSC and British Values and the effects it can have on life in and out of school, this is evident through termly pupil voice and Holistic Learning and RHE coverage folder monitoring by the curriculum leader.

By the time they leave our school, RHE enables our learners to become healthy, independent and responsible members of society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.