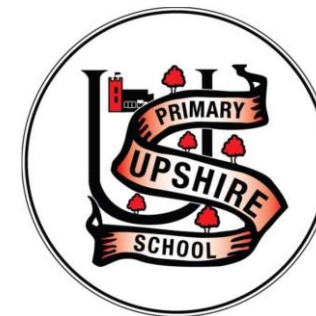


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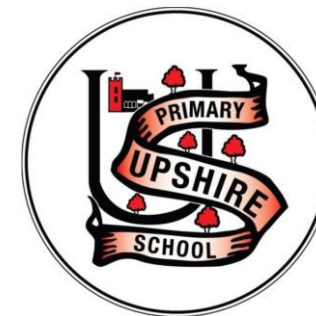


PE Curriculum Overview

| | Development Matters | Early Learning Goals |
|-----------|--|--|
| Reception | <p>Develop the overall body strength, co-ordination, balance and agility needed to engage successfully with future physical education sessions and other physical disciplines including dance, gymnastics, sport and swimming.</p> <p>Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group. Develop overall body-strength, balance, co-ordination and agility.</p> <p>Further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming. Develop confidence, competence, precision and accuracy when engaging in activities that involve a ball.</p> | <p>Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> |

Please Note anything in red indicate competitions. Therefore, classes can stop their current unit of work to practise for these events. Class teachers to support PE lead (Katie Hart) when choosing children for these events/competitions.

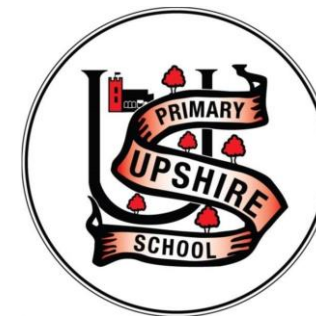
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PE Curriculum Overview

| | Autumn | Spring | Summer |
|--------|--|---|--|
| Year 1 | <p><u>Games</u> Twinkl – Invasion games - At the Fair Unit</p> <p><u>Dance</u> Twinkl – Seasons Unit</p> | <p><u>Dance</u> Twinkl – Starry Skies Unit</p> <p><u>Gymnastics</u> Twinkl – Animals Unit</p> <p><u>Games</u> Twinkl – Attacking and Defending</p> <p>MARCH – Sports hall Athletics</p> | <p><u>Athletics</u> Twinkl – Sports day Unit</p> <p><u>Games</u> Twinkl- Multi Skills - Running and Jumping Unit</p> <p><u>Gymnastics</u> Twinkl – Traditional Tales Unit</p> |
| Year 2 | <p><u>Games</u> Twinkl – Invasion- throwing and Catching Unit</p> <p><u>Gymnastics</u> Twinkl – Under the Sea Unit</p> <p>NOVEMBER – Multi Skills</p> | <p><u>Games</u> Twinkl – Attacking and defending Multi skills Bat and Ball</p> <p><u>Gymnastics</u> Twinkl – Landscapes and Cityscapes Unit</p> <p><u>Dance</u> Twinkl – Toys</p> | <p><u>Athletics</u> Twinkl – Animal Olympics</p> <p><u>Games</u> Twinkl – Target Games Unit</p> <p><u>Dance</u> Twinkl – Plants Unit</p> <p>MAY – 3 Tee's Cricket</p> |

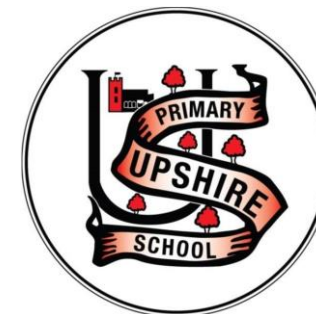
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PE Curriculum Overview

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|---------------|--|--|---|
| <p>Year 3</p> | <p><u>Games</u> Twinkl – Invasion Fundamentals Unit - Dodge Ball</p> <p><u>Gymnastics</u> Twinkl – Shape Unit</p> <p><u>Dance</u> Twinkl – Extreme Earth Unit</p> <p>Wednesday 24TH September Girls Football at Shooters</p> <p>Wednesday 15th October Mixed Football at Shooters</p> <p>Friday 17th October SEND Multi Skills at Epping St John's</p> | <p><u>Games</u> Twinkl - Invasion games – Football, Net and Wall Games Fundamentals</p> <p><u>Gymnastics</u> Twinkl – Movements Unit</p> <p>23rd JANUARY – Cross Country competition</p> <p>30th JANUARY – Sports hall athletics</p> <p>6th February – SEND Athletics</p> | <p><u>Athletics</u> Twinkl – Athletics Unit</p> <p><u>Games</u> Striking and Fielding</p> <p><u>Dance</u> Twinkl - Rainforest Unit</p> <p>12th JUNE – Athletics Festival</p> <p>16th JUNE – District field events</p> <p>23rd JUNE District track events</p> |
| <p>Year 4</p> | <p><u>Games</u> Twinkl – Invasion Games Unit</p> <p><u>Gymnastics</u> Twinkl – Movement Unit</p> <p>Wednesday 24TH September Girls Football at Shooters</p> <p>Wednesday 15th October Mixed Football at Shooters</p> <p>Friday 17th October SEND Multi Skills at Epping St John's</p> | <p><u>Games</u> Twinkl – Invasion Games - Tag Rugby or Hockey Net and Wall games - Badminton</p> <p><u>Gymnastics</u> Twinkl – Shape and Balance Ancient Egypt Unit</p> <p><u>Dance</u> Twinkl – Romans Unit</p> <p>23rd JANUARY – Cross Country competition</p> <p>30th JANUARY – Sports hall athletics</p> <p>6th February – SEND Athletics</p> | <p><u>Athletics</u> Twinkl – Athletics Unit</p> <p><u>Games</u> Twinkl - Striking and fielding Cricket</p> <p><u>Dance</u> Twinkl – Carnival of the Animals Unit</p> <p>12th JUNE – Athletics Festival</p> <p>16th JUNE – District field events</p> <p>23rd JUNE District track events</p> |

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PE Curriculum Overview

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| | | | |
| Year 5 | <p><u>Games</u> Twinkl – Invasion games</p> <p><u>Dance</u> Twinkl – World War 2</p> <p>Friday 3rd October Girls Football Years 5 & 6 at the Grange</p> <p>Friday 10th October Mixed Football (Boys) Years 5 & 6 at the Grange</p> <p>Friday 17th October SEND Multi Skills at Epping St John’s</p> <p>Friday 28th November Tag Rugby Years 5 & 6 at Davenant.</p> | <p><u>Games</u> Twinkl – basketball, Net and Wall games - Tennis</p> <p><u>Gymnastics</u> Twinkl – Movement and Balance Space Unit</p> <p><u>Dance</u> Twinkl – WWII unit - Eco Dance</p> <p>23rd JANUARY – Cross Country competition</p> <p>30th JANUARY – Sports hall athletics</p> <p>6th February – SEND Athletics</p> <p>27th MARCH - Hand ball</p> | <p><u>Athletics</u> Twinkl – Athletics Unit – throwing, jumping and styles of running</p> <p><u>Games</u> Twinkl - Striking and Fielding Rounders Handball</p> <p><u>Gymnastics</u> Twinkl – Movement</p> <p>9th JUNE – Swimming Gala 12th JUNE – Athletics Festival</p> <p>16th JUNE – District field events</p> <p>23rd JUNE District track events</p> |
| Year 6 | <p><u>Games</u> Twinkl - Invasion Game Unit</p> <p><u>Gymnastics</u> Twinkl – Movement Unit</p> <p>Friday 3rd October Girls Football Years 5 & 6 at the Grange</p> <p>Friday 10th October Mixed Football (Boys) Years 5 & 6 at the Grange</p> <p>Friday 17th October SEND Multi Skills at Epping St John’s</p> <p>Friday 28th November Tag Rugby Years 5 & 6 at Davenant.</p> | <p><u>Games</u> Twinkl – Invasion Games Netball unit Invasion Games Volleyball unit</p> <p><u>Gymnastics</u> Twinkl – Rivers and Mountains Unit</p> <p><u>Dance</u> Twinkl – Electricity Unit</p> <p><u>Circuits</u> Twinkl – unit pack</p> <p>23rd JANUARY – Cross Country competition</p> <p>30th JANUARY – Sports hall athletics</p> <p>6th February – SEND Athletics</p> | <p><u>Athletics</u> Twinkl – Athletics Unit</p> <p><u>Games</u> Twinkl – Striking and Fielding Games</p> <p><u>Dance</u> Twinkl – Dance through the decades Leadership in PE</p> <p>9th JUNE – Swimming Gala 12th JUNE – Athletics Festival</p> <p>16th JUNE – District field events</p> <p>23rd JUNE District track events</p> |

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PE Curriculum Overview

